

Community REPORT

FALL 2005

THE ROYAL COLUMBIAN HOSPITAL FOUNDATION

RAISING MONEY TO SAVE LIVES FOR MORE THAN 25 YEARS

Karen's Story – Journey from Nurse to Patient and Back

A few hours into her shift on the Neuroscience unit at Royal Columbian Hospital, registered nurse Karen knew something was terribly wrong.

"I had a splitting headache – a ten out of ten – my vision was blurry, my right molars and ear throbbed and my right eye became increasingly sensitive to light".

Twelve hours later, at the end of her shift, Karen's right eye was completely closed. She went to Emergency

for an assessment and a CT scan was ordered. Just before 7 am, on her way to the CT scan she collapsed. "I remember opening my purse to get something and then nothing."

Karen had suffered a ruptured brain aneurysm – a weak spot on the wall of one of her arteries had burst like a balloon. Aneurysms form undetected from wear and tear on the arteries and sometimes can form from injury, infection or inherited tendency. Karen's brain hemorrhage was ranked as a grade four on a five grade scale. She had a 33% chance of survival.

Karen was rushed to an emergency CT scan that confirmed her bleed then to surgery. "My colleagues tell me that I said 'I'm too young to die' but I don't remember."

What Karen does remember is waking up after the surgery surrounded by her family and friends – the neurosurgical team she worked with every day. "I remember thinking, I'm safe, and I'm in good hands. I'm at Royal Columbian. I now realize that I was at the right place at the right time."



Karen – registered nurse and patient

Karen spent 11 days on the unit, forcing herself out of bed to walk just four days after the surgery. Within 14 weeks she was back on her neurosurgical unit – once again part of the dedicated team that is the only one of its kind in the region. The team provides highly

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RCH Facts at a Glance...

ONE OF BC'S BUSIEST HOSPITALS

- 30,000 hospital admissions
- 8,300 operations performed
- 1,900 trauma emergencies
- 800 neurosurgeries
- 700 open heart surgeries

BC'S SECOND BUSIEST EMERGENCY

- 52,000 emergency visits per year

CANADA'S BUSIEST CARDIAC CATHETERIZATION LAB

- 4,000 heart catheterization procedures

ONE OF BC'S BUSIEST MATERNITY UNITS

- 3,000 babies born each year

FRASER REGION'S ONLY HOSPITAL FOR:

- Open heart and neurosurgery
- Coronary angioplasty
- Major trauma emergencies

BC Lion's Coach Spokesperson for RCH Foundation

Wally Buono, General Manager and Head Coach of the BC Lions football team, knows a winner when he sees one. That's why he calls the staff and volunteers at Royal Columbian Hospital a winning team.

Now leading the BC Lions to another successful season, Wally gave his time and talent in the pre-season to host a series of 30 second public service announcements (PSAs) airing this fall on various TV and radio stations in the region.

"When I needed surgery last year the RCH Cardiac Care team came through for me," says Buono in one of the PSAs.

Buono underwent successful triple cardiac bypass surgery and was home with his family just days later. "We are fortunate to have a regional referral hospital with such great physicians, nurses, and volunteers. The RCH is our home team and we need to support them," says Buono.

Royal Columbian Hospital's cardiac team performed more than 700 surgeries last year and operates Canada's busiest cardiac catheterization lab. As a major referral hospital for the region, RCH is the only hospital that provides open heart surgery for the 1.5 million people living from Burnaby to Boston Bar.



Garden Supply Couple's Donation Grows Gastrointestinal Clinic

Years ago Ed Les was working for a local garden supply company and noticed two things – how much he liked coworker Diane and how much he wanted to run his own business. So he decided to act.

First Ed married Diane. Then he and Diane, operating out of their home with a single delivery van, started their own successful wholesale garden supply company – Eddi's Wholesale Garden Supplies Ltd.

Seated in the well landscaped garden of their comfortable Coquitlam home of 42 years, Ed and Diane smile when they recall their joint venture. "We've always worked hard as a team, maybe that's the secret of our success," says Ed.

It's no surprise then, after two of their three grown children were diagnosed with Inflammatory Bowel Disease (IBD) – one with Crohn's Disease and Colitis, the second with Colitis – that the couple decided to act again.

It all started with a phone call Ed received from the Royal Columbian Hospital Foundation for a small donation to the hospital. "I said, 'listen why don't you send me some information'. Three weeks later we were touring a crowded Gastrointestinal (GI) Clinic at RCH and learned they needed more equipment and better facilities. The clinic provided our family with



Ed and Diane Les, RCH Foundation Donors

excellent care so we decided the GI Clinic needed our help."

The Les family's generous donation to the RCH Foundation has funded new equipment for the GI Clinic and helped support a major expansion that has doubled its capacity, with up to 30 patients now receiving care and treatment every day.

Marianna LeBlanc, Patient Care Coordinator for the clinic, says the Les donation has made a huge difference. "This is a beautiful new facility with new technology that enables us to perform new procedures that are less invasive for the patient and eliminate the need for surgery. We have saved time and money and most importantly, improved patient care."

About 10,000 new cases of Inflammatory Bowel Disease are diagnosed each year in Canada. Although there is no known cause or cure yet, Diane is hopeful. "We know our gift to the Royal Columbian will enable earlier diagnosis and improve treatment and care for other families now and in the future."

Karen's Story continued

specialized treatment for critically ill patients with conditions such as brain tumors, bleeds and brain injuries from trauma. They performed more than 800 neurosurgeries last year and the 26 beds on the unit are in constant demand.

"This experience has changed me in many ways. I have a new appreciation for life and I better understand what my patients are going through – I've been there. I now know what a relief it is for patients and their families if we hold their hands and take the time to explain to them what's going on and that we're there to take care of them and their loved ones."

Karen is proud of the expert care and dedicated work her neurosurgical team delivers everyday at RCH. "Your life can change in an instant. Mine did. There are so many reasons to give to the hospital...my life is one of them."

Interviewing the Interviewer - CBC Reporter and new Foundation Board Member Belle Puri

Why have you joined the Board of the Royal Columbian Hospital Foundation?

Giving my time is something I want to do. This is my community and my community hospital. I was born and raised here in New Westminster, my parents live here and my grandparents lived here. I was even a candy striper (volunteer) at the RCH when I was a teenager. I have had friends and family members treated here and I've covered news stories here. RCH is important to the community and, as a major referral hospital, it's important to the region.

What have you learned about RCH since joining the Board? When I was invited to join the Board I was flattered.

It's an excellent hospital; I've seen it for myself. When a close friend was hospitalized at RCH I witnessed the amazing level of around the clock care he received. I've learned that RCH is one of eight major trauma centres in the province and the major referral hospital for the region, so it's important to both the community and BC. I still face a huge learning curve as a new Board member and I'm certain I'll learn much more.

What other volunteer work do you do?

I'm currently on the Boards of the CKNW Orphan's Fund and the Fraserside Community Services Society. Last August I participated in the Weekend to End Breast Cancer 60 kilometre walk and raised \$30,000. I have also served on the Boards of the Massey Theatre and the Fraser River Discovery Centre.

Have you always wanted to be a TV reporter?

Not in the beginning. I have two undergraduate degrees in psychology and teaching from Simon Fraser University and did graduate work at the University of Western Ontario. My first reporting job was with CKNW. I think they gave me a job just to get me off their back because I was so persistent. Then I went to BCTV and then the CBC. I've been a reporter for 28 years.

What do you like most/least about being a TV reporter?

I like doing stories about people and what they do. As a reporter you can walk up to strangers and ask them about things they normally wouldn't ever want to talk about. But sometimes it can be difficult covering the tragic stories because they can have a profound effect on you and can spill over into your personal life. While being a reporter can be stressful, I love the job and it's important to keep perspective.

What will you contribute to the Foundation and the Hospital?

As a long time resident of New Westminster and as a journalist I can offer a unique local, regional and provincial perspective. My family has community roots that go back two generations and I understand how important the hospital is to our community. As a reporter I have covered stories about other hospitals and health care issues, which help me understand RCH's role in the region and province. I know our community is lucky to have such a great hospital and I look forward to working with the RCH Foundation to educate and encourage the community to give back and support the hospital.



Belle Puri – CBC Reporter and Foundation Board Member

People Who Care

The Joan Curle Estate Giving Back to RCH and the Community

Her mother taught her to “give till it hurts” and Joan Curle took the advice to heart throughout her life and even after her passing in 2003.

Joan planned a gift to the Royal Columbian Hospital Foundation in her will to help ensure other patients would receive the same excellent quality of care and treatment she experienced at RCH. Adrienne Bakker, President & CEO of the Royal Columbian Hospital Foundation says “Joan’s gift leaves a legacy – it celebrates and honours her generous spirit and philosophy of giving and it will benefit thousands of patients for years to come by helping

to fund life saving equipment and enhancements to patient care.”

Joan and her husband, Harry, were long time residents of Burnaby and both had a strong connection to Royal Columbian Hospital. Joan was a patient and Harry worked in the operating room for many years. When there wasn’t extra money to donate to the important charities in her life Joan always found ways give back. “She was very active in the community and even in her retirement she was busy delivering Meals on Wheels,” says good friend, Gail Roemer. “Joan always made it a priority to give whatever she could. She was always willing to lend a helping hand, always the first one to offer to help. She was incredible, very generous.”

For more information about leaving a planned gift, contact Adrienne Bakker at 604.520.4438 or visit www.rchfoundation.com



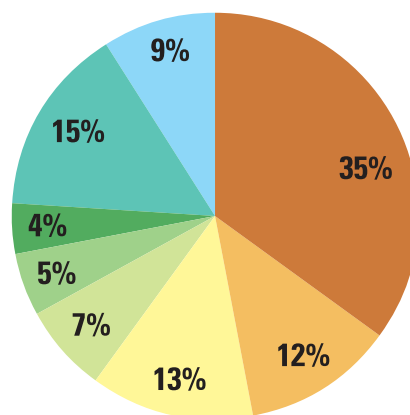
Jim Peever and Mike Cafe of the Burnaby Fire-fighters Charitable Society presenting the \$20,000 cheque to Adrienne Bakker, President & CEO of the Royal Columbian Hospital Foundation. (From left to right Adrienne Bakker, Jim Peever, Mike Cafe).

RCH Foundation Funding Summary (2004/05)*

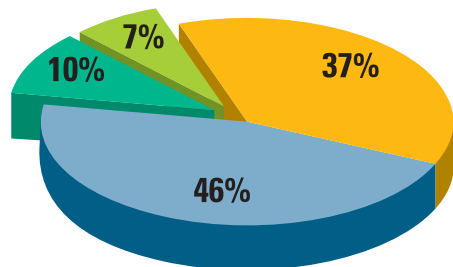
In the 2004/05 fiscal year, more than 5100 people and organizations donated more than \$3,000,000 to the Royal Columbian Hospital Foundation. This enabled Royal Columbian Hospital to purchase urgently needed medical equipment such as: A 64-slice CT Scanner, Critical Care beds and vital signs monitors, ventilators for the ICU, defibrillators, portable ultrasound scanners, blood pressure monitors, intra-aortic balloon pumps, colonoscopes, gastroscopes, and many other diagnostic and patient care equipment for all areas of the hospital.

*2004/05 Audited Statements available upon request

USE OF DONATED FUNDS 2004/05



WHERE FUNDING COMES FROM 2004/05



- DONATIONS
- THIRD PARTY EVENTS & EARNED INCOME
- INVESTMENT INCOME
- LOTTERY

- Critical Care: Including Cardiac & Neuroscience
- Ambulatory Care: Gastrointestinal Clinic
- Medical Imaging CT Scanner
- Emergency Room
- Laboratory
- Surgical Services
- Respiratory
- SCN, Paediatrics, Maternal Health

People Who Care

Recognizing major gifts to the Foundation between April 1, 2004 and August 31, 2005

Estate of Charles Dunbar Inglis
Estate of Joan Curle
Estate of Leslie York
Estate of Yoko Kubinski

Ed & Diane Les

\$100,000+

Mr. & Mrs. P.A. Woodward's Foundation
Variety The Children's Charity

\$50,000+

St. Mary's Health Foundation

\$40,000+

Buddhist Compassion Relief Tzu Chi Foundation
Canada

\$20,000+

Burnaby Fire Fighters Charitable Society

\$10,000+

CCF Community Care Foundation
Howard McAskill
Loyal Protestant Association
Royal Bank Charitable Foundation
Shriner's Club – New Westminster #8

\$5,000+

Andrew Mahon Foundation
Brian & Beverley de La Mothe
Helen Brittain
Hip Hip Hooray New Westminster
Lohn Foundation
New Westminster Fire Fighters Charitable Society
Novartis Pharma Canada
Robert & Diane Milne
Robin & Jan Robinson

RCH Foundation Board of Directors

2005 – 2006

Rick Mudie – Chair

Gary Brush – Vice Chair

Brent Atkinson – Treasurer

Adrienne Bakker – Secretary

Gillian Harwood

Jim Glanville

Jim Gray

Les Jourdain

Bill Melville

Dr. Roy Morton

Larry Osachoff

Dr. Michael Piper

Belle Puri

Mac Tyler

RCH Foundation Staff

Adrienne Bakker *President & CEO*

Ruby Campbell *Director of Development*

Susie Poulsen *Manager, Marketing & Communications*

Megan Rowlatt *Development Coordinator*

Kathie Michalyk *Coordinator, Donor & Data Relations*

Debra Walliser *Executive Assistant*

Bonnie Pearce *Administrative Assistant*



The Royal Columbian Hospital Foundation is an independent charitable organization which raises more than \$5 million each year to fund urgently needed life-saving and diagnostic equipment for RCH. Our mission is to raise money to help the Royal Columbian Hospital save lives, restore health and provide comfort to seriously ill and injured patients of all ages.

You can help us achieve our mission. Please make a donation, sign up for monthly giving or plan a gift to the Royal Columbian Hospital Foundation today.



www.rchfoundation.com

New Foundation President & CEO has Lifelong RCH Connection

Adrienne Bakker was appointed the new President & CEO of the Royal Columbian Hospital Foundation in July 2005. Adrienne was formerly Vice President, Development & Communications at the Foundation.

Rick Mudie, Chairman of the Royal Columbian Hospital Foundation, says Bakker's fundraising and communications experience, as well as her lifelong connection with Royal Columbian Hospital, will be instrumental in developing the Foundation's reach in the region it serves.

"The amazing health care team at RCH has been helping me and my family for many years, so it's a pleasure to have the chance to give back to the hospital by raising much needed funds for state of the art equipment and programs," says Bakker.

Years ago Bakker was treated for a hereditary blood disorder just two days after her wedding. "Basically, I spent my honeymoon at Royal Columbian Hospital," she says. "Not terribly romantic, but RCH was there when I needed it." Later, Bakker's two grown daughters, one of whom was born at RCH, both successfully underwent treatment for the same blood disorder in the pediatric unit of RCH. "The girls and I are all extremely healthy today thanks to the exceptional healthcare and expertise that exists at Royal Columbian," adds Bakker.



Adrienne Bakker, the new President & CEO of the Royal Columbian Hospital Foundation

HOW YOU CAN REACH US:

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www.rchfoundation.com

Letters to the Foundation President and CEO

May 26, 2005

I would like to say a heartfelt thank you to the staff at Royal Columbian Hospital who took care of me while I was admitted to Emergency in May 2005. I am grateful for the caring treatment I received from the nurses and doctors in the Cardiology Department. I was referred to the hospital emergency by my doctor, Dr. Gurdip Parhar. I am so thankful to him for his timely assessment of my heart problem and, as a result, I received immediate treatment. Thank you to all who took care of me.

Gurdial Sing Manhas

Royal Columbian Hospital is one of BC's Busiest Hospitals

Please send your gift today. Your donation will help fund urgently needed equipment in many areas of the hospital and will benefit thousands of people that need care every day at RCH. Your gift will help Royal Columbian save lives and ensure that the best possible health care is available, if and when you or your family needs it. Thank you for your support.

Yes, I want to support life-saving work at Royal Columbian Hospital.

Here is my gift of:

\$20 \$50 \$100 Other \$ _____

Enclosed is my cheque made payable to Royal Columbian Hospital Foundation.

OR Charge my credit card: Visa Mastercard

_____ Exp. Date ____ / ____

Signature _____

Name _____

Address _____

City _____ Prov ____ Postal Code _____

Phone _____ Email _____

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